EXAMINATION QUESTION PAPER
UNIVERSITY OF NAMIBIA

First examiner: Ms. M Iyambo (Oshakati
Ms. L Pretorius (Windhoek)

Second examiner: Ms. J. E de Villiers.

This question paper consists of 4 (four) pages.

INSTRUCTIONS:
♦ Answer any 4 (Four) questions.
♦ Hand in the question paper

Question 1:
1.1 Describe the components of the comprehensive nature of nursing according to the S.A Council & Mellish. (5)

1.2 Nursing is a human science, interpersonal in nature. Explain the statement. (5)

1.3 “Nursing philosophy is the cornerstone of professional practice”
   a) Explain the concept “philosophy” (2)
   b) Describe the core concepts of a nursing philosophy (8)

Question 2:

2.1 “It is never easy to live up to the ideal of a nursing philosophy” Describe the factors which threaten the maintenance of a healthy nursing philosophy. (6)

2.2 Ethical concepts in nursing practice serve to guide the nurse in complicated and every-day situations. Describe the following ethical concepts and illustrate your answer with examples
   a) Beneficence (2)
   b) Justice (2)
   c) Fidelity (2)

2.3 Describe how a professional nurse can avoid defamation in her professional practice. (2)

2.4 “Once a professional nurse has excepted a post in a health care institution, she has a certain duty towards her employer”. Describe the duty of a nurse towards her employer. (6)

Question 3:

3.1 Describe the independent function of the nurse. (8)

3.2 “Nurses in Namibia claim that they are professionals, and members of a recognized profession.”
   a) Clarify the term “professional”. (4)
   b) Describe the criteria whereby nurses can claim professional status. (5)

3.3 “Responsibility and accountability are two concepts that are very prominent in the professional practice of the nurse. ” Differentiate between responsibility and accountability. Tabulate your answer. (3)
Question 4:

4.1. “A person becomes a nurse by choice, whereby s/he agrees to use her/himself therapeutically to the benefit of the patient”. Explain the statement. (6)

4.2. Differentiate between the following terms. Tabulate your answer.
   a) Ethics and ethos of nursing (3)
   b) Material and non-material culture (2)
   c) Race and ethnic group (3)

4.3 Describe the importance of rendering culturally acceptable care. (6)

[20]

Question 5:

5.1 “Namibia has a multi-cultural society and the nurse is expected to render individualized care within this society”.
   a) Differentiate between culture and sub-culture (5)
   b) Describe the health care system in Namibia as a sub-culture (8)

5.2 “Informed consent is grounded in respect for persons and autonomy of a patient” Describe informed consent as an important ethical concept (4)

5.3 Define contract (3) [20]

Question 6:

6.1 Describe “autonomy of a patient” and illustrate your answer with at least two clear applicable examples from your practical experience. (4)

6.2 The professional nurse and the medical doctor share instrumental and expressive roles in their nurse–doctor partnership which imply that their work overlaps. Discuss the instrumental and expressive role of the nurse. Tabulate your answer. (12)

6.3 “Laws are rules for social control and legislation is essential in any profession.”
   a) Define crime (1½)
   b) Describe the function of legislation (2½) [20]
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Question 1

1.1 “Informed consent is grounded in respect for persons and autonomy of a patient”
Describe informed consent as an important ethical concept. (4)

1.2 “Responsibility and accountability are two concepts that are very prominent in the professional practice of the nurse.” Differentiate between responsibility and accountability. Tabulate your answer. (3)

1.3 According to the Nursing Profession Act No 30 of 1993 as amended, the Nursing Board of Namibia has certain powers.
   a) Describe the circumstances under which a person’s name can be removed from the register / roll. (2)
   b) Explain when the Board may refuse registration or enrolment. (1)
   c) Describe the penalties that can be imposed by the Nursing Board. (2½)

1.4 Nursing is a human science, interpersonal in nature.
   Explain the statement. (5)

1.5 The Nurses Service Pledge in Namibia is an example of a moral/ethical code.
   Describe the functions of a moral code in the profession. (7½)

Question 2

2.1 “It is never easy to live up to the ideal of a nursing philosophy”
Describe the factors which threaten the maintenance of a sound nursing philosophy. (8)

2.2 Caring behavior is an essential aspect of professional practice.
   Describe commitment as a caring value in nursing. (10)

2.3 The scope of practice of the registered nurse as promulgated in Government Notice No 13 of 1999 it is the duty of the registered nurse to;
   “(l) facilitate and maintain the nutrition of the patient”. Describe the nursing actions that are necessary to achieve the above. (7)

Question 3

3.1 Ethical concepts in nursing practice serve to guide the nurse in complicated and every-day situations.
   Describe the following ethical concepts and illustrate your answer with nursing examples.
   a) Beneficence (2½)
   b) Justice (2½)
c) Fidelity

Question 3 continues……………..

3.2 Describe “assault on a patient” as a category in a health situation that may give rise to malpractice and litigation of the nurse. (5)

3.3 The Patient Charter of Namibia guarantees the clients who are suffering from ill-health or disease, protection of their rights. Describe the following aspects in the Patient Charter:
   a) access to services (3)
   b) Integrity and dignity (4)
   c) access to information (1)

3.4 Describe conscience as a caring value in nursing practice. (5)

[25]

Question 4

4.1 “Namibia has a multi-cultural society and the nurse is expected to render individualized care within this society.”
   a) Differentiate between culture and sub-culture (5)
   b) Describe the health care system in Namibia as a sub-culture (8)

4.2 It is an ethical requirement for nurses to be conversant with the Geneva Convention.
   a) Explain the different conventions of the Geneva Convention. (6½)
   b) Describe the basic principles in the provisions of the Convention (5½)

[25]

Question 5

5.1: In order to upheld the status of the nursing profession in Namibia, the nurses are required to display ethical behavior. Describe the core concepts of ethical behavior. (8)

5.2: Differentiate between a “criminal trial and disciplinary trial”. Tabulate your answer. (5)

5.3. In the multi-cultural society of Namibia the nurse remain focused on rendering culturally congruent care. Explain the following terms:
   a) Transcultural nursing (2)
   b) Culture care preservation (2)
   c) Culture care accommodation (2)
   d) Culture care repatterning (2)

5.4: Describe ‘autonomy of a patient” and illustrate your answer with an applicable and clear nursing example. (4)

[25]

Question 6

6.1 The professional nurse and the medical doctor share instrumental and expressive roles in their nurse – doctor partnership which imply that their work overlap.
Discuss the instrumental and expressive roles of the nurse. Tabulate your answer. (11)

6.2 Describe the therapeutic use of the self in the rendering of care. (5)

6.3 Describe your duty as a professional nurse in:
   a) disciplining of workers (5)
   b) issue of sickness certificates (4)
   [25]